

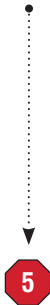


Building on Your Fundamentals

Review your Putting Forms from the Level 1 booklet. In this level, you will develop speed control and aim.

Forms Review

- 1** **Thumbs on Top** *Form Completed*
- 2** **The "Y" Setup** *Form Completed*
- 3** **Eyes Over the Ball** *Form Completed*
- 4** **Backswing= Follow-through** *Form Completed*

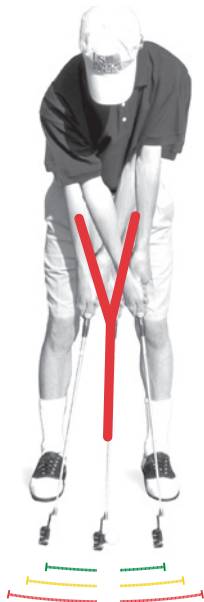


5

Short, Medium, Long Putt

Making a practice stroke, swing the "Y" the same distance and pace back as through with strokes of three different lengths.

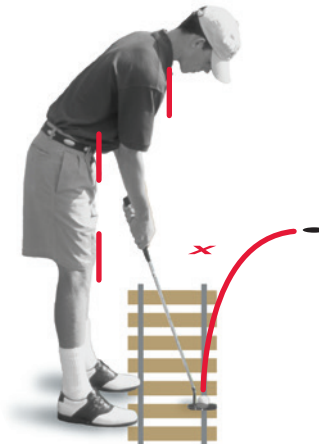
Form Completed



Aim the Train

Use a square setup and aim the train at the target. The ball rolls down one rail while your toes touch the other. Notice how the knees, hips, and shoulders are parallel to the rails.

Form Completed

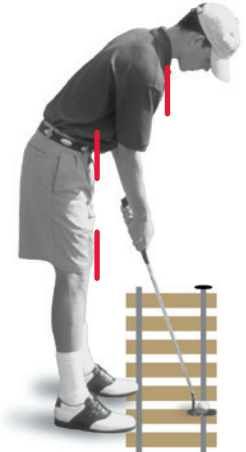


7

Aim the Train at a Spot

Most putts curve or break because of a slope in the green. Aim the train at a spot so the ball will curve toward the target.

Form Completed



Progress Check

Once Putting Forms are complete, move to Skills and put your Forms to work.

Notes
